

DIRECTORATE OF FAMILY WELFARE
GOVT. OF N.C.T. OF DELHI

B & C Wing, 7th Level, Vikas Bhawan-II
Near Metcalf House, Civil Lines, Delhi-110054
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Comp. No.:287425

File No.:DFW-1038/1/2025-SPO- **7350-60**
CH(DFW)

Dated: **10.10.25**

To,

The MDs/ MSs (All Hospitals)
The CDMO cum MD, IDHS (All Districts)

Sub: Endorsement of Advisory on Rational Use of Cough Syrups and Rational Dosing of Drugs in Paediatric Population- reg.

Sir/Madam,

1. In pursuance of Advisory issued by MoHFW, GoI, F.No. 28025/52/2025-SAS.II/EMR dated 3rd October 2025, it is to reiterate that to ensure rational drug use and patient safety in paediatric care, **cough and cold medications should not be prescribed or dispensed to children under 2 years, and generally not recommended for ages below 5 years.**

2. IMNCI and F-IMNCI (2023) guidelines wherein the protocols for management under Cough or difficult breathing section are clearly mentioned, which is available on National Health Mission website may be referred to for such cases.

3. It is particularly pertinent to note that the Directorate of Family Welfare is conducting regular training at State and District levels of the Govt. health personnel in IMNCI/F-IMNCI training package. It is requested to ensure that MO/Pediatrician / Nursing personnel involved in care of children are trained in IMNCI / FIMNCI care package. The training target may please be assessed at the earliest and send to respective District under intimation to this office.

4. Regular Prescription audit are to be conducted by healthcare facilities as per NQAS guidelines with focus on 5Rs 1. Right person 2. Right Drug, 3. Right Dose, 4. Right Route, 5. Right time

5. Further, public and private sector health facilities may also see the Public Notice no. CDN-11/1/2024-COORDINATION-NMC dated 15th September 2025, issued by National Medical Commission Policy & Coordination Division, Government of India regarding Dissemination of Standard Treatment Workflows (STWs), which may be followed uniformly by all health care workers.

6. All healthcare care personals to be sensitized regarding importance of community reporting tool of IDSP (IHIP) portal and timely reporting by all health facilities for clustering of any such cases/ unusual death on Event Alert Form.

7. It is requested that the District Health Authorities and all Clinical Establishments/ Healthcare Facilities under your jurisdiction should implement and disseminate this advisory across government dispensaries, PHCs, CHCs, district hospitals and medical institutions in both public and private sectors.

This issues with prior approval of Competent Authority.

Enclosure:

1. Advisory F.No. 28025/52/2025-SAS.II/EMR dated 3rd October 2025
- 2 Public Notice no. CDN-11/1/2024-COORDINATION-NMC dated 15th September 2025


Dr A.G. Radhika
Director, DFW (GNCTD)

File No.:DFW-1038/1/2025-SPO-7350-60
CH(DFW)

Dated: 10.10.25

Copy for information to:

1. PS to Secretary, H&FW, 9th Floor, Delhi Secretariat, I.P. Estate, Delhi-110002
2. PA to Mission Director (DSHM), 9th Floor, Delhi Secretariat, I.P. Estate, Delhi-110002
3. Director, DGHS, GNCTD, F-17, Karkardooma, Delhi-110032
4. Districts Child Health Nodal Officers
5. SPO-(MIS) & (ASHA), 6th Floor, DSHM, Vikas Bhawan-II, Civil Lines, Delhi-110054
6. SEPIO cum OSD RCH, 7th Floor, DFW, Vikas Bhawan-II, Civil Lines, Delhi-110054
7. Incharge, Nursing Home Cell, DGHS, F-17, Karkardooma, Delhi-110032
8. HOO, CPA, DGHS, F-17, Karkardooma, Delhi-110032
9. Office Copy



Dr A.G. Radhika
Director, DFW (GNCTD)

F.No.28025/52/2025-SAS.II/EMR
Government of India
Ministry of Health & Family Welfare
Directorate General of Health Services
Nirman Bhawan, New Delhi-110011

Dated: 3rd October, 2025

To,
The Director Health Services,
All States/Union Territories.

Sub: Advisory on Rational Use of Cough Syrups in Paediatric Population - reg.

Sir/Madam,

In our continuous efforts to ensure rational drug use and patient safety in paediatric care, this advisory reiterates the judicious prescribing and dispensing of cough syrups for children. Most acute cough illnesses in children are self-limiting and often resolve without pharmacological intervention.

2. Cough and cold medications should not be prescribed or dispensed to children under 2 years. These are generally not recommended for ages below 5 years and above that, any use should follow careful clinical evaluation with close supervision and strict adherence to appropriate dosing, the shortest effective duration and avoiding multiple drugs combinations. Further, the public may also be sensitized regarding adherence to prescription by the Doctors.

3. Non-pharmacological measures, including adequate hydration, rest, supportive measures should be the first-line approach.

4. All healthcare facilities and clinical establishments must ensure procurement and dispensing of products manufactured under Good Manufacturing Practices and formulated with pharmaceutical-grade excipients. Sensitization of prescribers and dispensers across public and private sectors is essential to uphold these standards of care.

5. It is requested that the all State/UT Health Departments, District Health Authorities, and all Clinical Establishments/healthcare facilities under your jurisdiction should implement and disseminate this advisory across government dispensaries, PHCs, CHCs, district hospitals, and medical institutions.

Yours faithfully,



(Dr. Sunita Sharma)
DGHS

Copy to:

1. Drug Controller General of India, CDSCO
2. All State Drug Controllers
3. PSO to Secretary (Health & Family Welfare), MoHFW, Nirman Bhawan, New Delhi.
4. AS & MD, MoHFW, Nirman Bhawan, New Delhi.
5. All Institution Heads of Central Government Hospitals
6. Directors of all AIIMS
7. Directors of PGI Chandigarh, JIPMER Puducherry.
8. All Regional Directors, RoHFW.



CDN-11/1/2024-COORDINATION-NMC
Government of India
National Medical Commission
Policy & Coordination Division



Pocket- 14, Sector- 8,
Dwarka, Phase-1, New Delhi-77
Dated: 15th September, 2025

PUBLIC NOTICE

Subject : Dissemination of Standard Treatment Workflows (STWs).

Indian Council of Medical Research (ICMR) in collaboration with the National Health Authority (NHA) and the World Health Organization (WHO) has developed 157 Standard Treatment Workflows (STWs) across 28 specialties in order to have a standard of care for the Indian Public Health Care System. The 28 specialties wherein 157 STWs have been developed may be seen at **Annexure**. These 157 STWs are available on the ICMR website (<https://www.icmr.gov.in/standard-treatment-workflows-stws>) and can be downloaded *via* a mobile app for both Android and iOS.

2. Further, ICMR has initiated nation-wide training sessions for the primary healthcare physicians for dissemination and implementation of these STWs.
3. All the Medical Colleges / Institutions within the domain of National Medical Commission are hereby requested to take necessary steps for future training sessions and the effective dissemination and utilization of these STWs among undergraduates, postgraduates and physicians.
4. For facilitation and further information / assistance, Dr. Ashoo Grover, Scientist G, Head of Delivery Research at ICMR HQ, New Delhi may be approached to discuss the modalities for STWs dissemination and implementation.

Digitally signed by
Dr. Raghav Langer (Dr. Raghav Langer)
Date: 15-09-2025 Secretary
14:16:22

To

Deans / Principals / Heads of All the Medical Colleges / Institutions

<u>STWs Volume-I</u>	
1.	Cardiology
2.	ENT
3.	Nephrology
4.	Neurology
5.	Obstetrics and Gynaecology
6.	Paediatrics
7.	Psychiatry
8.	Pulmonology
9.	Urology
<u>STWs Volume-II</u>	
10.	Adult Extrapulmonary Tuberculosis
11.	Investigations Treatment
12.	Paediatric Tuberculosis
<u>STWs Volume-III</u>	
13.	Dermatology
14.	Endocrinology
15.	Gastroenterology
16.	General Surgery
17.	Haemolytic Anaemia
18.	Infertility
19.	Neonatology
20.	Oncology
21.	Ophthalmology
22.	Orthopaedics
23.	Paediatric Surgery
<u>STWs Volume-IV</u>	
24.	Cardiothoracic and Vascular Surgery (CTVS)
25.	Interventional Radiology
26.	Neurosurgery
27.	Orthopaedics
28.	Paediatric Cardiology